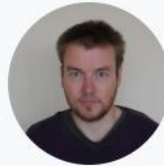




Oliver Duncan
Manchester Metropolitan
University



Tom Allen
Manchester Metropolitan
University



Calum Williams
University of Cambridge

Metamaterials for Health



HEALTHY LIVING



HEALTHCARE



EXERCISE



WELLBEING



AGEING



**MONITORING &
DIAGNOSIS**



THERAPEUTICS



UK
META
MATERIALS
NETWORK

Health Challenge

Dr Tom Allen

Healthy living

Dr Olly Duncan

Healthcare

Dr Calum Williams

Exercise

Dr Olga Kravchenko

- Facilitating sport, exercise & physical activity
- Monitoring exercise & physical activity
- Active travel
- Injury risk reduction (PPE, footwear, equipment etc)
- Disabled sport

Wellbeing

Prof. Emma Hodson-Tole

- Work life balance
- Sleep
- Healthy eating / lifestyles
- Transcranial magnetic stimulation
- Mental health
- Pollution

Ageing

Prof. Georges Limbert

- Falls / fall monitoring
- Exoskeletons
- Implants
- Facilitating independence
- Care in the community

Monitoring & diagnosis

Mr Martin Leigh

- Patient monitoring
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Therapeutics

Dr Rupam Das

- Physical disability (prosthetics, orthotics & wheelchairs)
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- Photothermal therapy

Prevention

Treatment

Let's kick off on a jolly note!

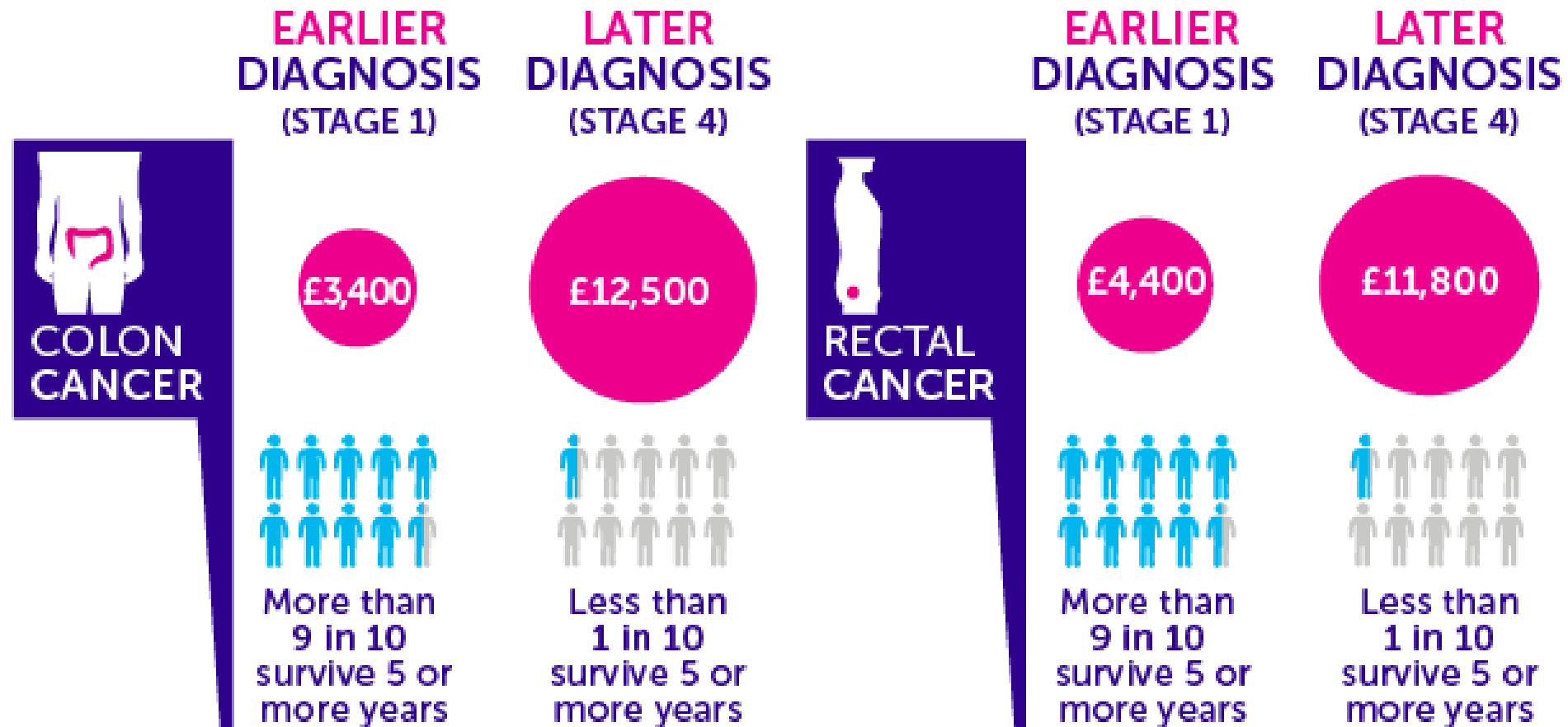
Why should you care?



BMJ Quality & Safety

- Worldwide **obesity has tripled** since 1975
- **Cardiovascular diseases are the leading cause of deaths globally**, ~18 million per year (approx. the population of the Netherlands)
- **1 in 2** UK people will be **diagnosed with cancer** in their lifetime
- There were **10 million deaths from cancer worldwide in 2020** (approx. the population of Sweden)
- Ever year in the US, there are: **12 million diagnostic errors, costing \$750 billion and >100,000 lost lives** (most common: missing early cancers and heart disease)

WHEN THE NHS DIAGNOSES PATIENTS EARLIER, TREATMENT COSTS MUCH LESS

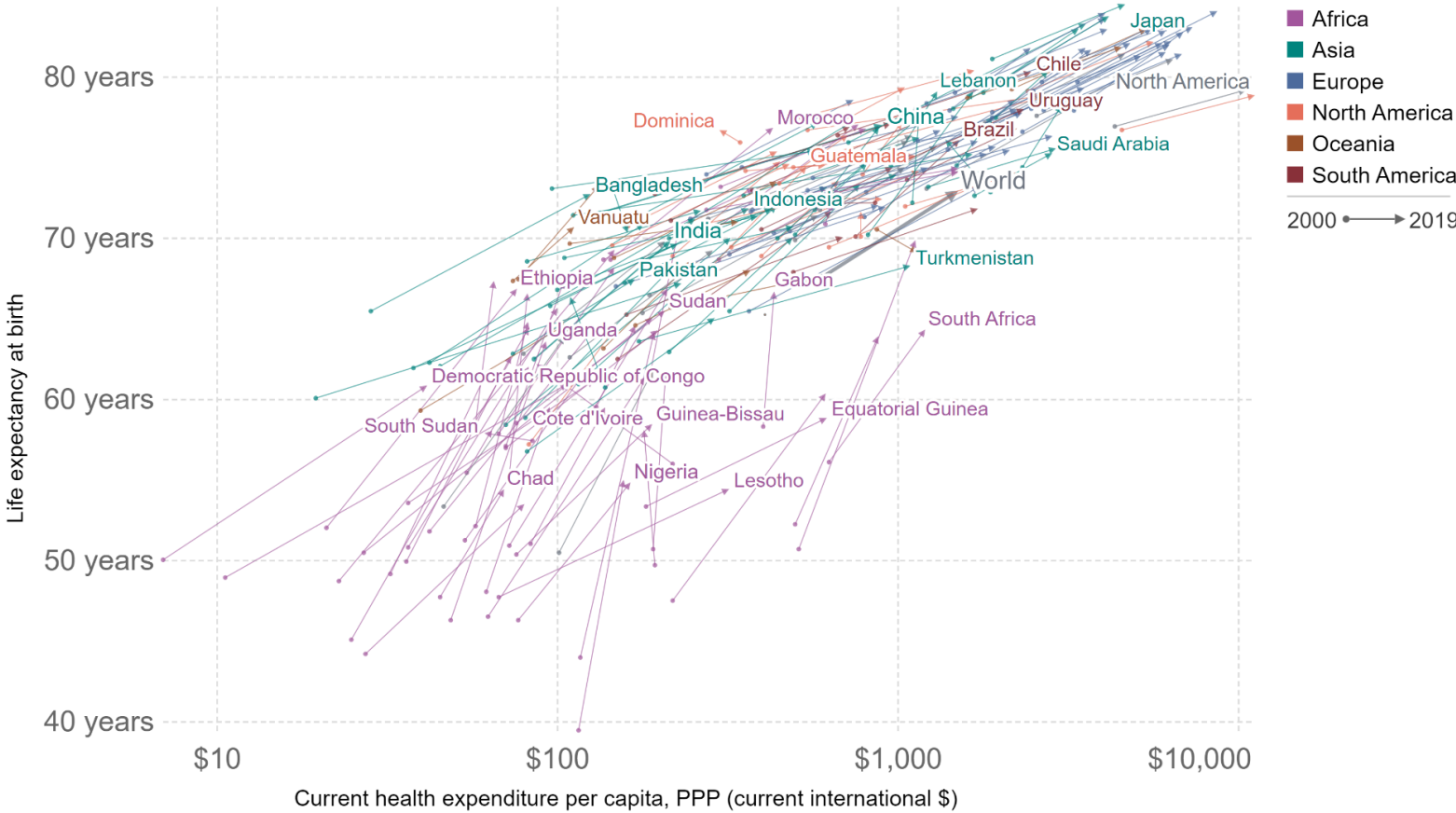


Healthcare expenditure per capita improves life expectancy: How do we make healthcare affordable for all?

Life expectancy vs. healthcare expenditure, 2000 to 2019



Healthcare expenditure per capita is measured in current international-\$, which adjusts for price differences between countries.



Source: Data compiled from multiple sources by World Bank

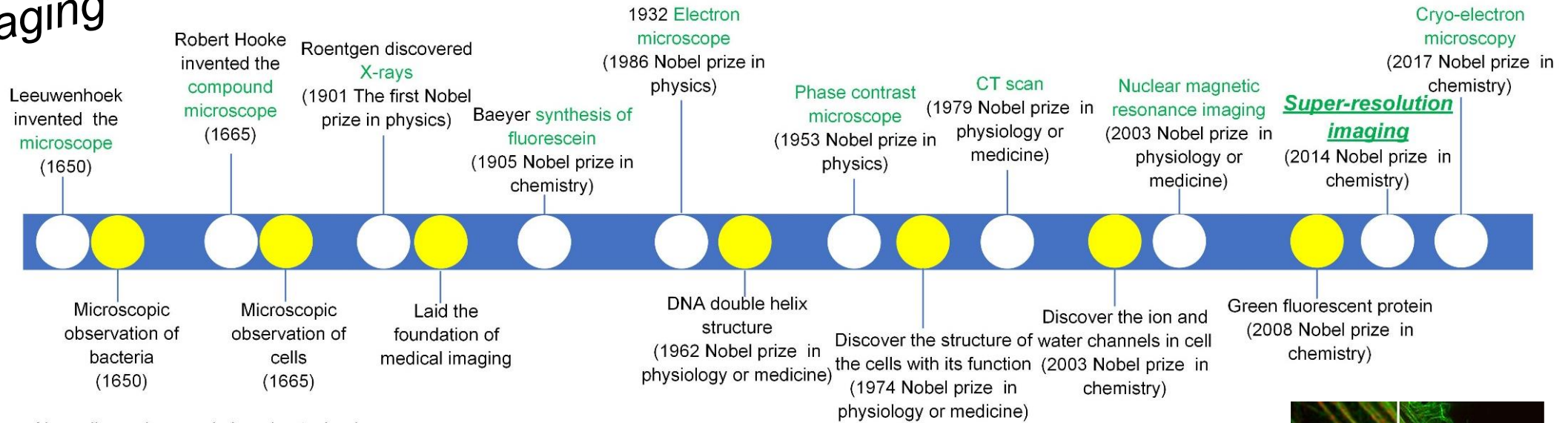
OurWorldInData.org/financing-healthcare • CC BY

Well ... what can WE do?

Developments in technology underpin breakthroughs in the life sciences healthcare

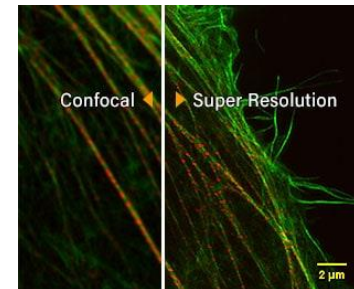
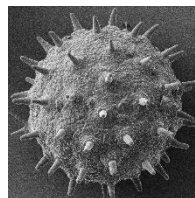


e.g. Imaging



Upper line: advances in imaging technology

Below line: advances in life sciences



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Dr Rupam Das

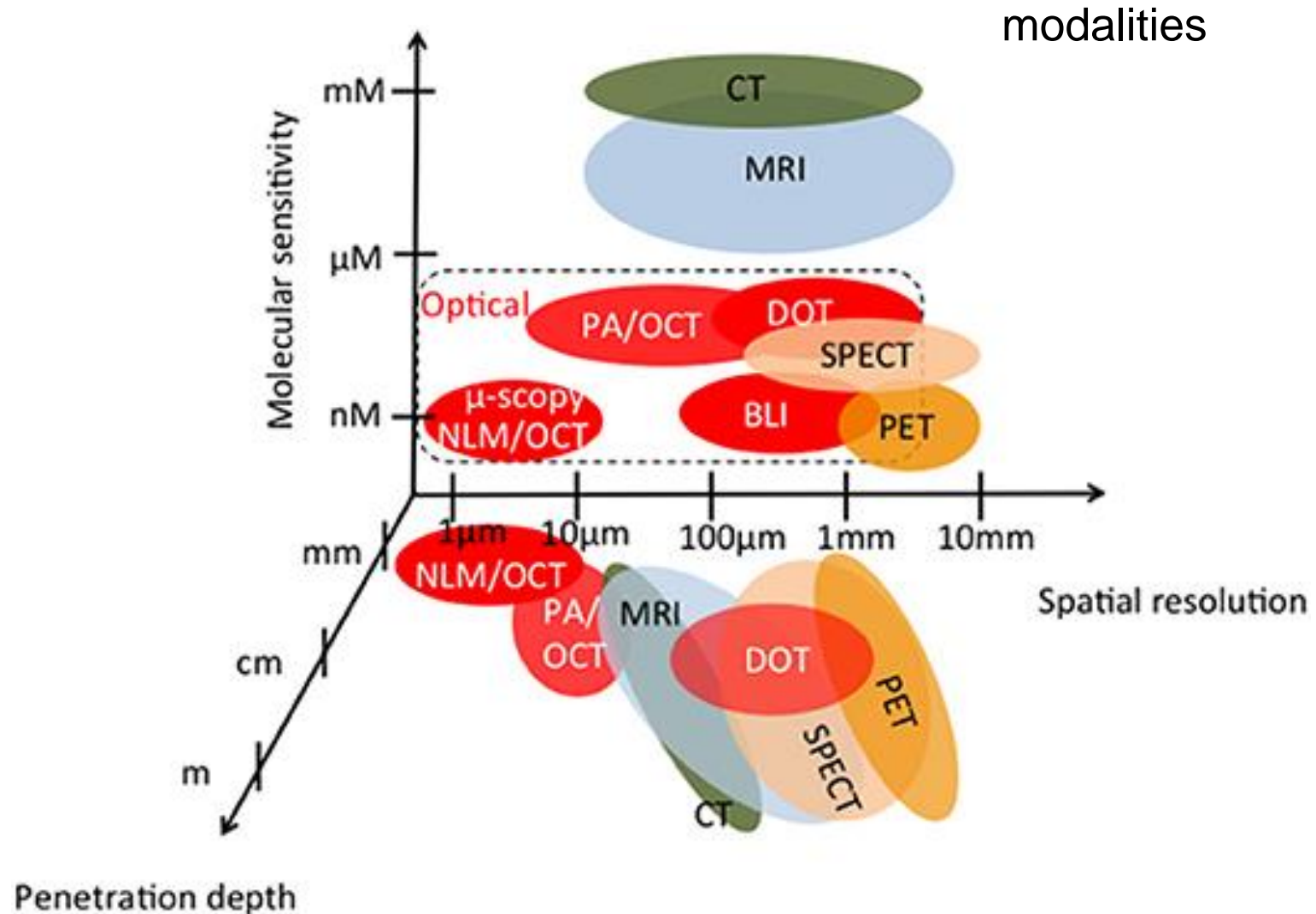
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- Target drug delivery and treatments
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- Photothermal therapy

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Treatment

Imaging and diagnostics: outside / inside the body

- penetration depth
- spatial resolution
 - sensitivity
- finding **contrast**
- minimise radiation

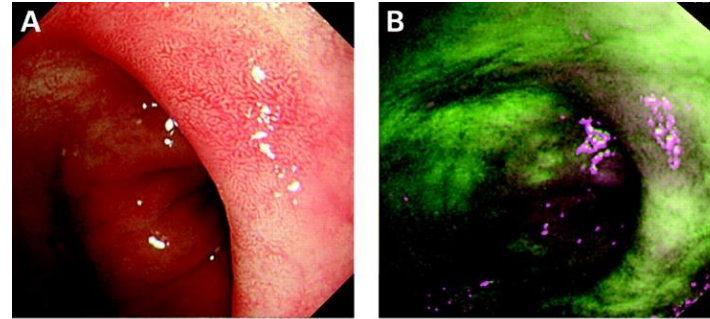


Imaging and diagnostics: outside / **inside** the body

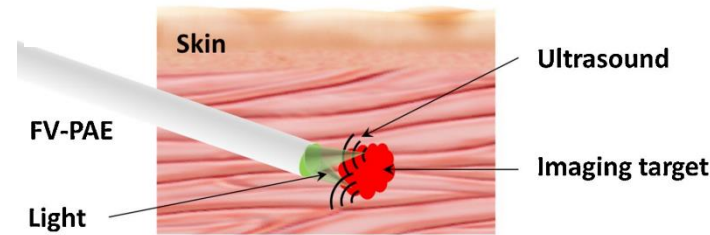
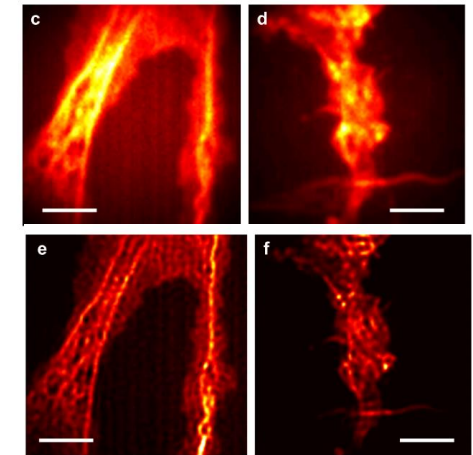
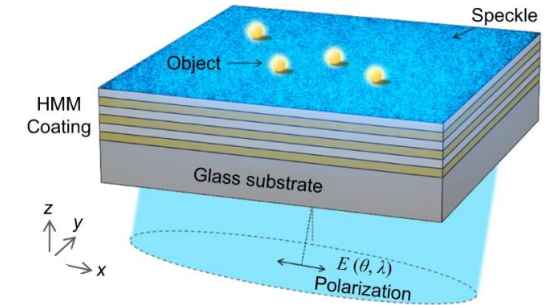
Endoscopy



Multi-modal endoscopic imaging



Super-resolution biomedical imaging

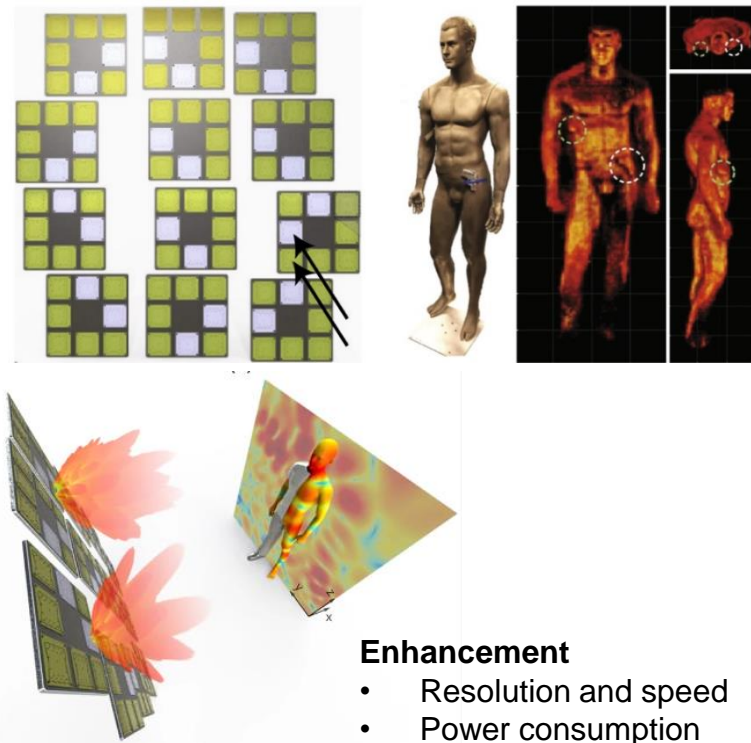


Metamaterial assisted illumination nanoscopy via random super-resolution speckles

Yeon Ui Lee, Junxiang Zhao, Qian Ma, Larousse Khosravi Khorashad, Clara Posner, Guangru Li, G. Bimananda M. Wisna, Zachary Burns, Jin Zhang & Zhaowei Liu

Imaging and diagnostics: **outside** / inside the body

A human-scale microwave imager (coded aperture metasurfaces)



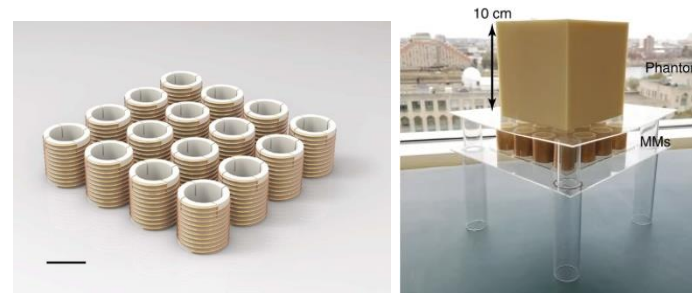
Enhancement

- Resolution and speed
- Power consumption
- Compactness

Large Metasurface Aperture for Millimeter Wave Computational Imaging at the Human-Scale

J. N. Gollub, O. Yurduseven, K. P. Trofatter, D. Arnitz, M. F. Imani, T. Sleasman, M. Boyarsky, A. Rose, A. Pedross-Engel, H. Odabasi, T. Zvolensky, G. Lipworth, D. Brady, D. L. Marks, M. S. Reynolds & D. R. Smith

A magnetic metamaterials for enhancing magnetic resonance imaging (MRI).

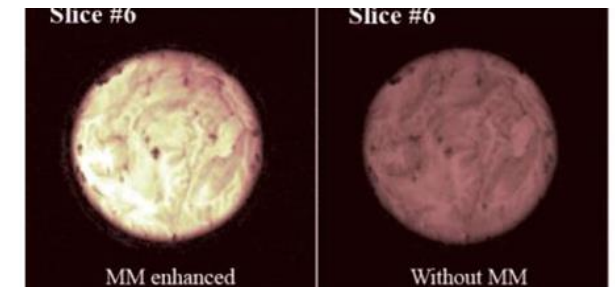
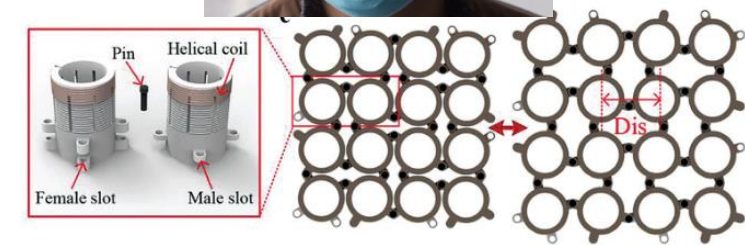


Enhancement

- SNR and Speed

Boosting magnetic resonance imaging signal-to-noise ratio using magnetic metamaterials

Guanwu Duan, Xiaoguang Zhao, Stephan William Anderson & Xin Zhang



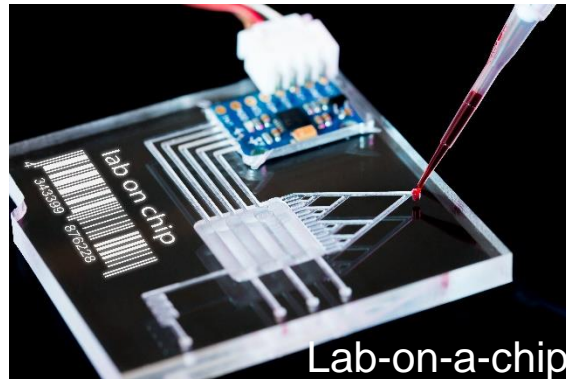
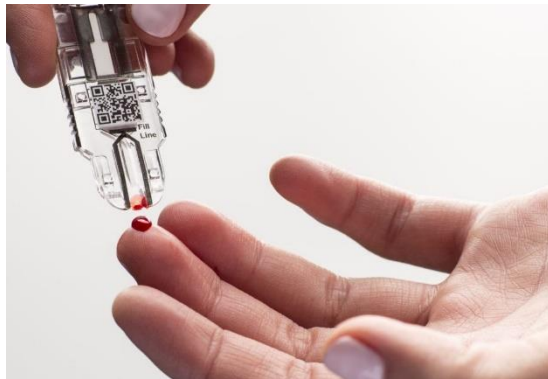
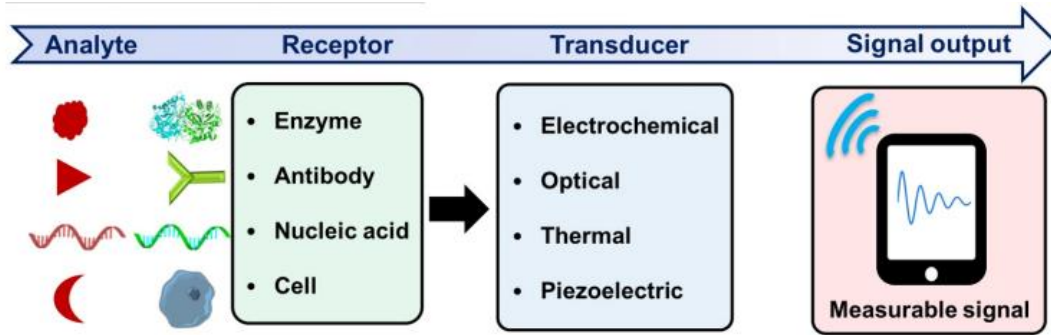
Auxetics-Inspired Tunable Metamaterials for Magnetic Resonance Imaging

Ke Wu, Xiaoguang Zhao, Thomas G. Bifano, Stephan W. Anderson & Xin Zhang

Monitoring:

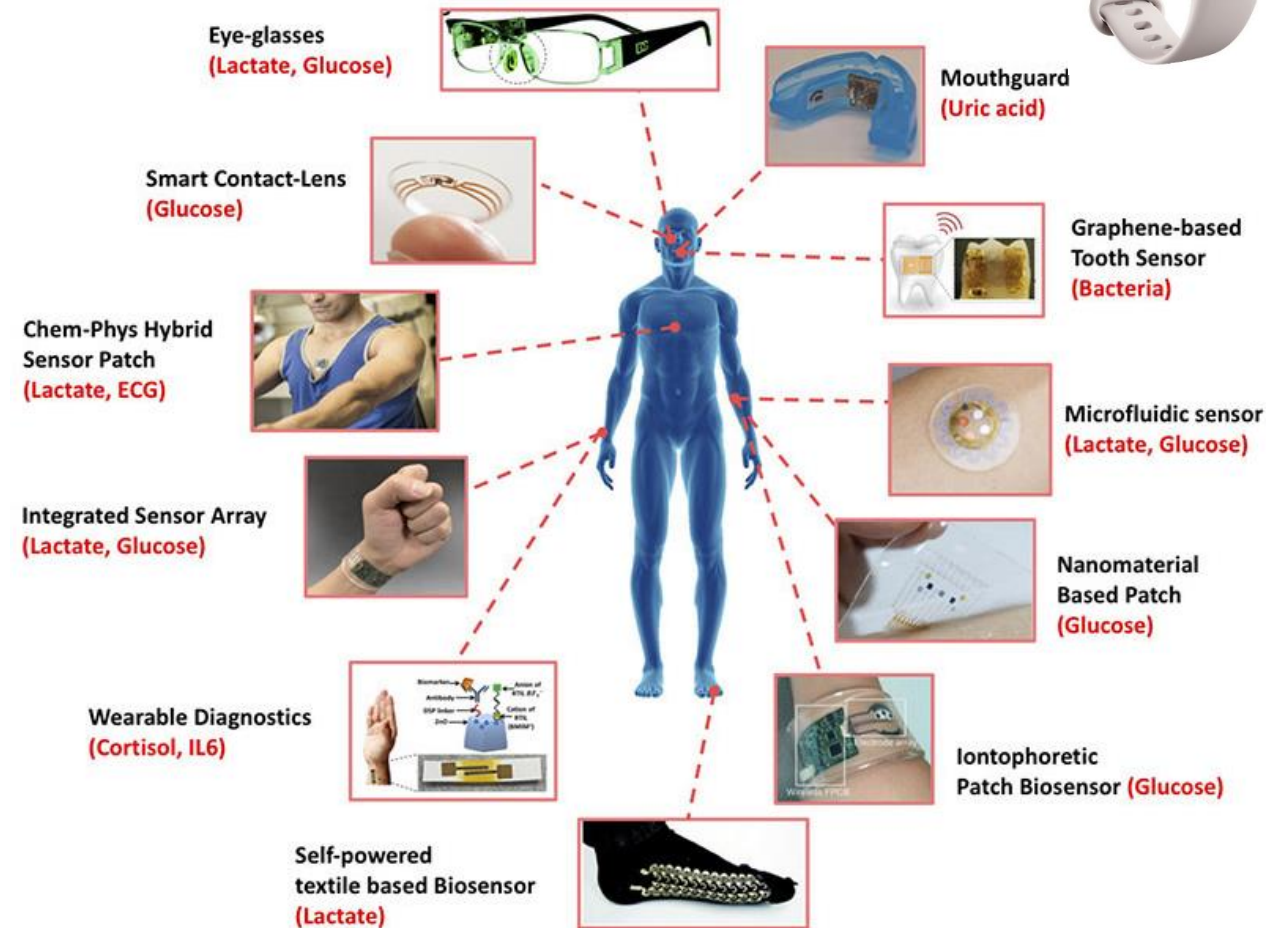
Biosensors, wearables and point-of-care (POC) diagnostics

What is a biosensor?



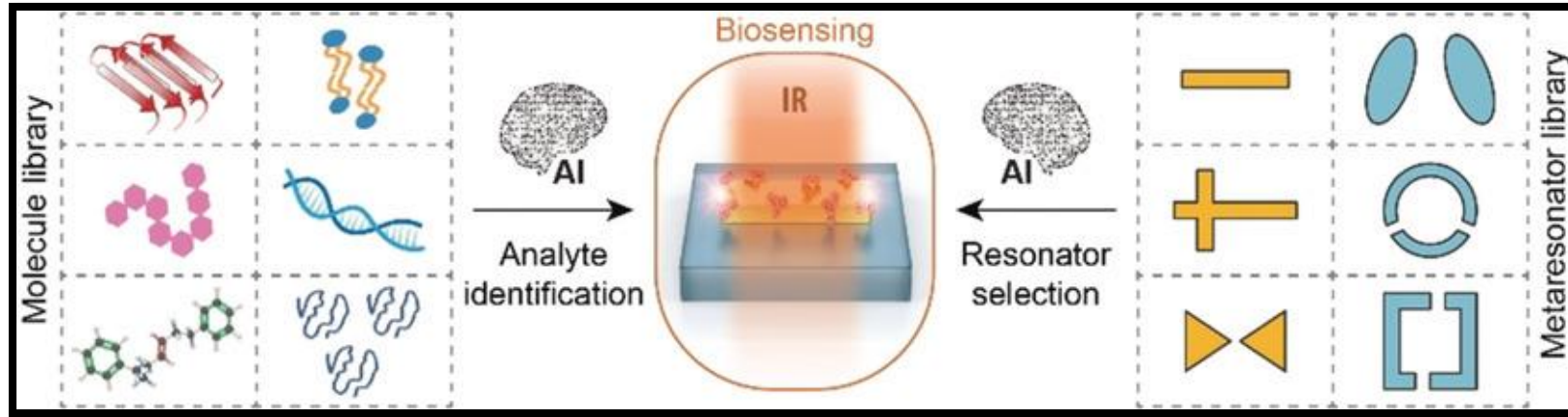
Organ-on-a-chip

Wearable biosensors



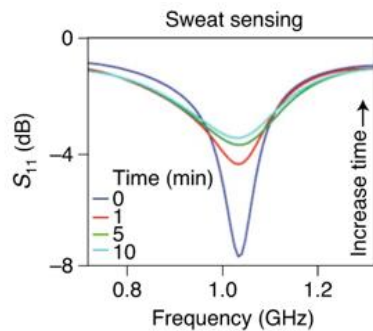
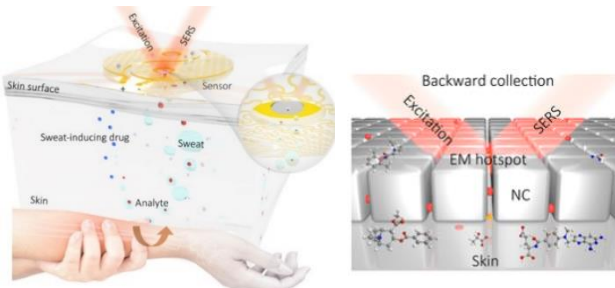
Monitoring:

Biosensors, wearables and point-of-care (POC) diagnostics

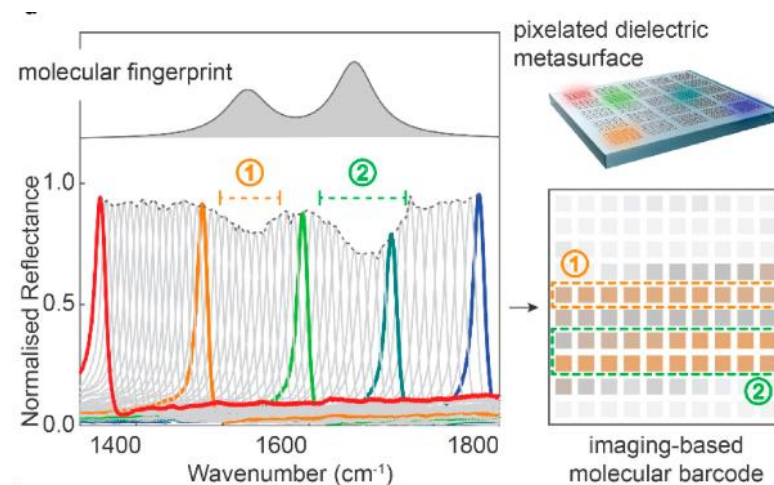


convert changes in presence of molecules, sweat, pressure etc. into resonant frequency shifts

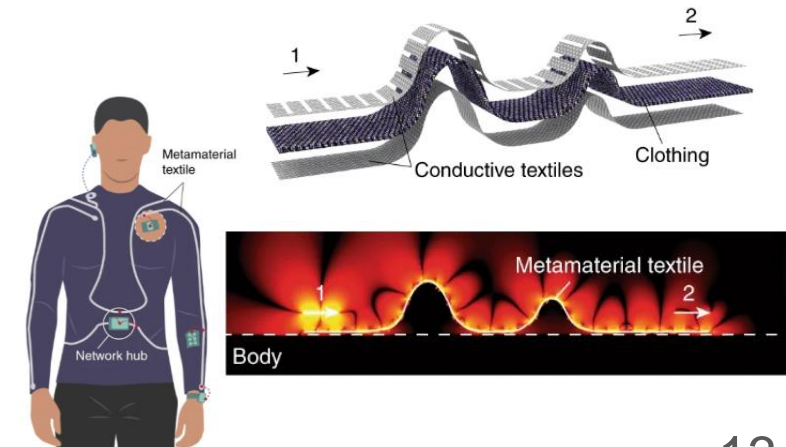
Wearable biosensors



Molecular barcoding



Smart Textiles

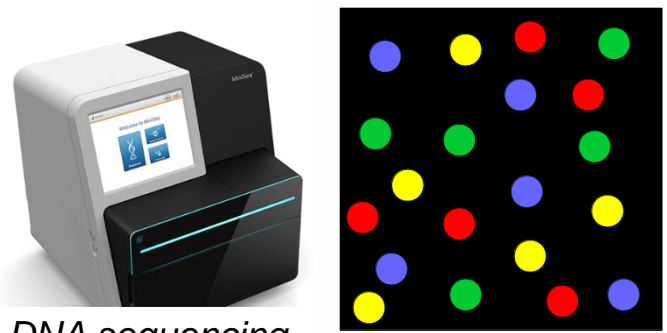


Monitoring:

Biosensors, wearables and point-of-care (POC) diagnostics

illumina

4-Channel system (4 dyes)



DNA sequencing

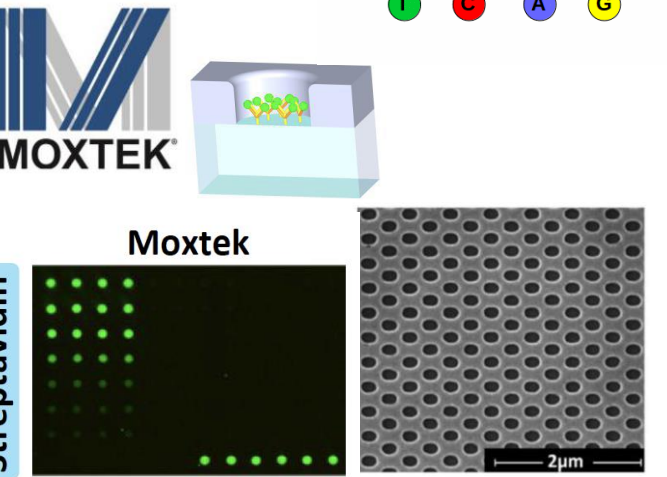
4 Filter channels

T C A G

MOXTEK

Moxtek

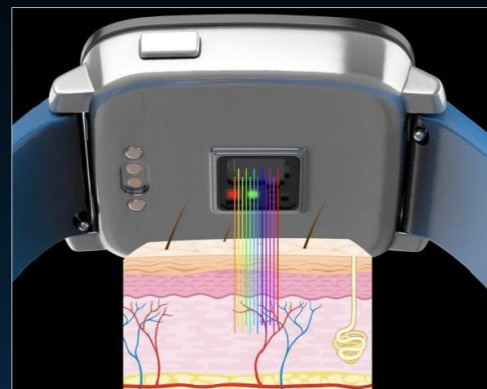
Streptavidin



2µm

Rockley[®]
PHOTONICS

Clinic-on-the-wrist™
module




Multiple laser wavelengths probe non-invasively into the skin

- Blood pressure
- Hydration
- Alcohol
- Glucose

META[®]
Go Beyond.

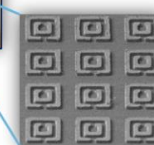
glucoWISE[®]



Key Differentiators:

Measures **glucose at the capillary level** by passing radio wave and optical signals through a thin part of the hand and receiving the signals via a sensor on the opposite side.

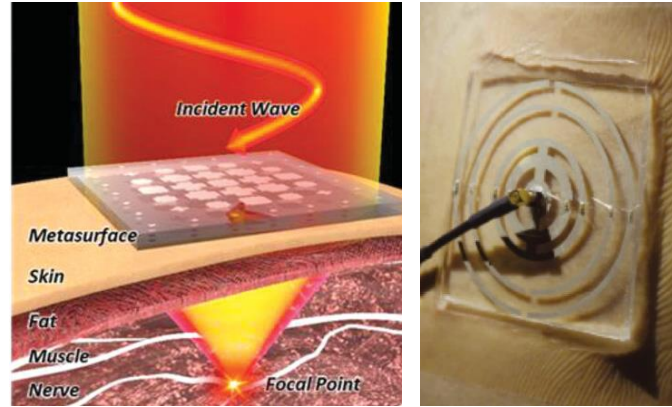
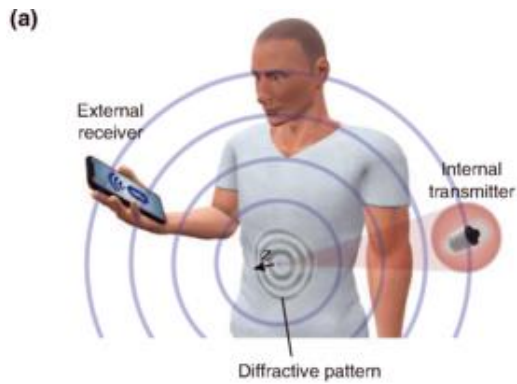
The sensors have integrated micro-composite films, which help make the skin transparent to the signals.



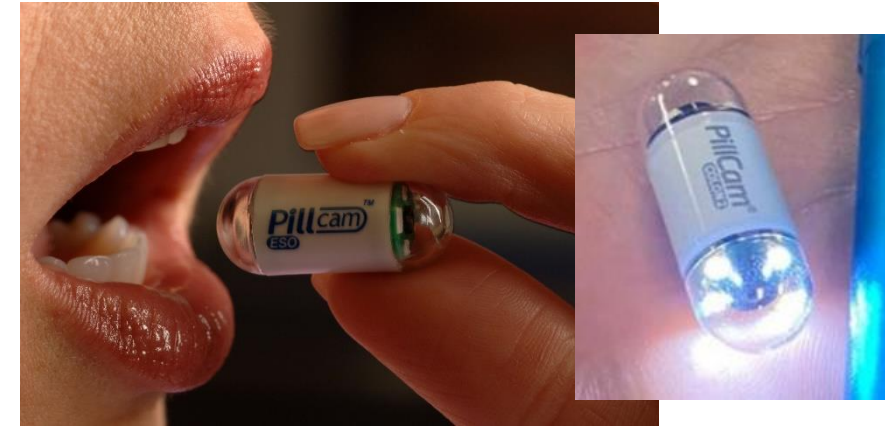
Implantable devices and impedance matching

Enhanced wireless power transfer and communications

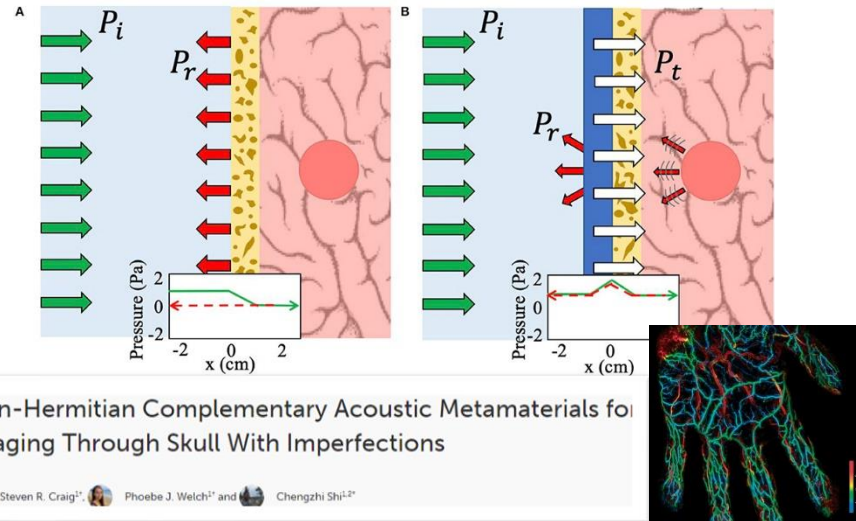
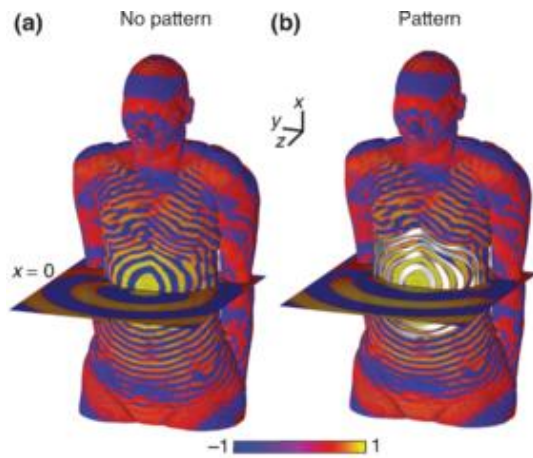
Transmission enhancement



Medtronic



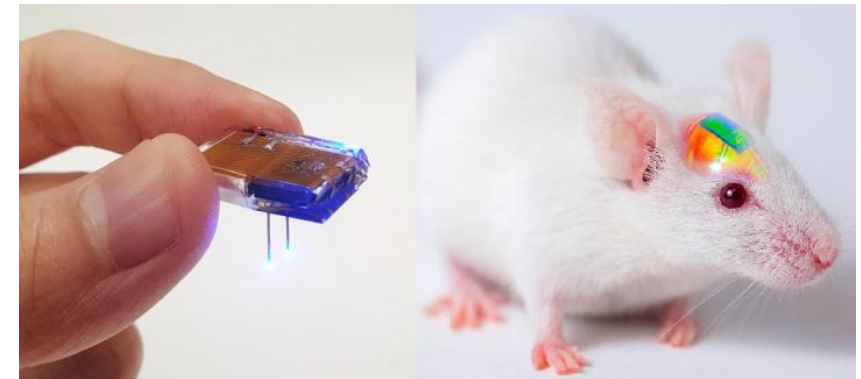
Impedance matching: air-to-body



Non-Hermitian Complementary Acoustic Metamaterials for Imaging Through Skull With Imperfections

Steven R. Craig^{1,2}, Phoebe J. Welch^{1,2} and Chengzhi Shi^{1,2*}

Neural implants



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Therapeutics

Dr Rupam Das

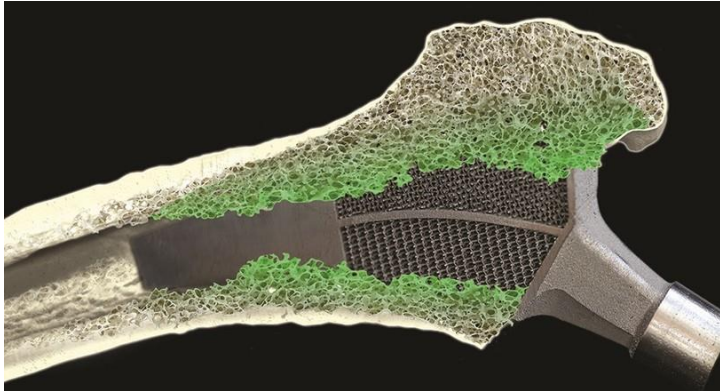
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Prevention

Treatment

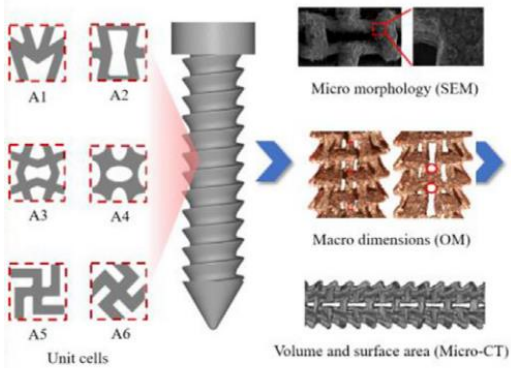
Therapeutics: Medical implants and biomaterials

Meta-implants



Rationally designed meta-implants: a combination of auxetic and conventional meta-biomaterials†

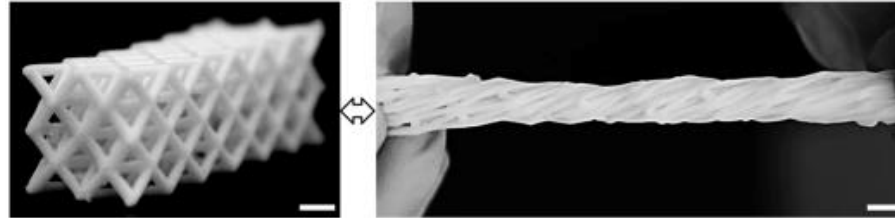
Helena M. A. Kolken,^{1,2,3} Shahram Janbaz,³ Sander M. A. Leeflang,³ Karel Lietaert,² Harrie H. Weinans^{1,2,3} and Amir A. Zadpoor³



A novel auxetic structure based bone screw design: Tensile mechanical characterization and pullout fixation strength evaluation

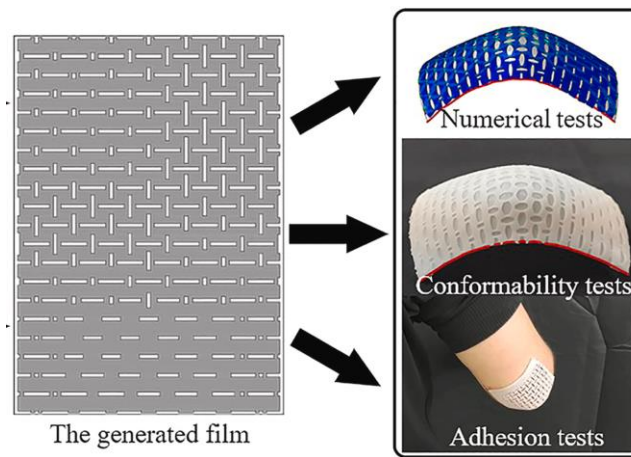
Yan Yao^{1,2,3}, Lizhen Wang^{1,2,3}, Jian Li^{1,2,3}, Shan Tian^{1,2}, Ming Zhang³, Yubo Fan^{1,2,3,4,5,6}

Tissue and bandages



Highly-stretchable 3D-architected Mechanical Metamaterials

Yanhui Jiana & Qiminqi Wana



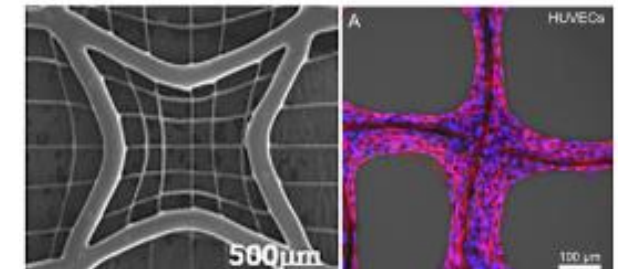
Design of a metamaterial film with excellent conformability and adhesion for bandage substrates

Haotian Wang, Chen Pan, Haivuan Zhao, Tingyu Wang, Yafeng Han

Exoskeletons



Cell and tissue scaffolds

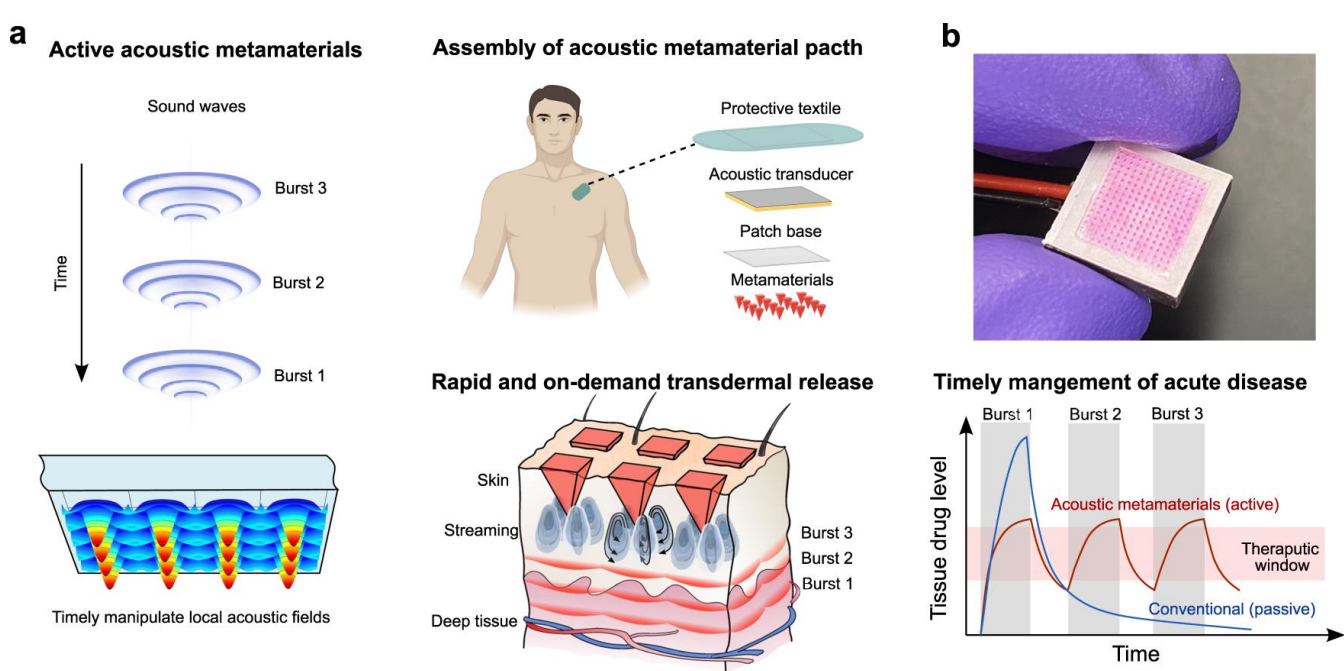


Fabrication of multi-scale and tunable auxetic scaffolds for tissue engineering

Yuan Lin^{1,2,3,4}, Chaoni Xia¹, Qing Cao², Yuxiang Zhou⁴, Guangrong Li⁴, Jianke Du⁴, Yong He^{1,2}

Therapeutics: Drug delivery treatments

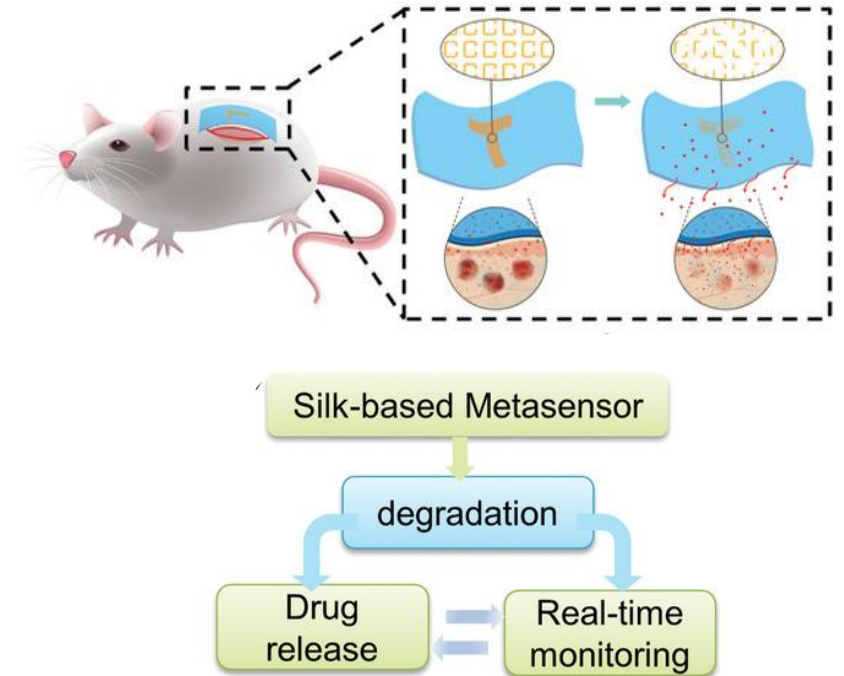
Transdermal drug delivery with active acoustic metamaterials



Acoustic metamaterials-driven transdermal drug delivery for rapid and on-demand management of acute disease

Junhua Xu, Hongwei Cai, Zhuohao Wu, Xiang Li, Chunhui Tian, Zheng Ao, Vivian C. Niu, Xiao Xiao, Lei Jiang, Marat Khodoun, Marc Rothenberg, Ken Mackie, Jun Chen, Luke P. Lee & Feng Guo

Monitoring: degradable antibiotic-loaded metamaterials



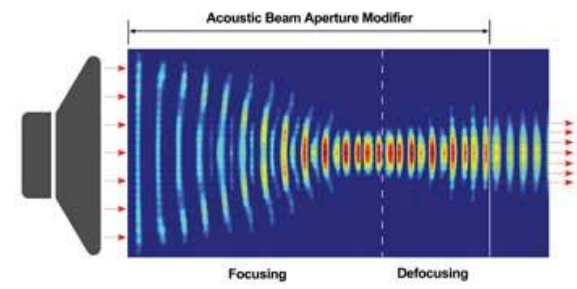
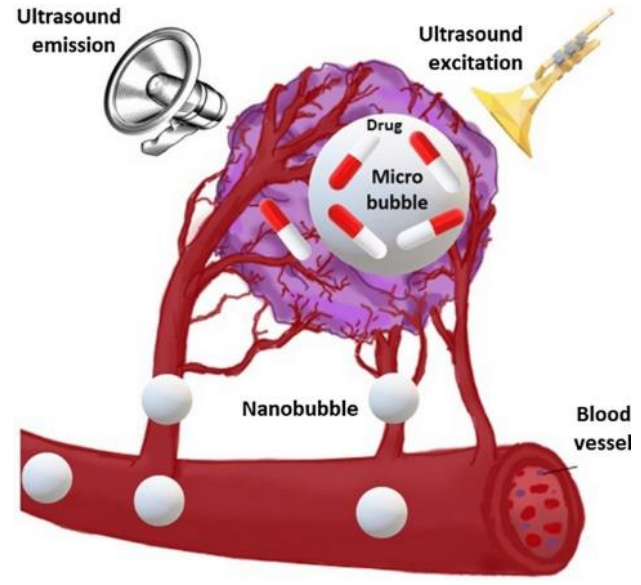
Implantable, Degradable, Therapeutic Terahertz Metamaterial Devices

Long Sun, Zhitao Zhou, Junjie Zhong, Zhifeng Shi, Ying Mao, Hua Li, Juncheng Cao & Tiger H. Tao

...and a few more things (out of the box)

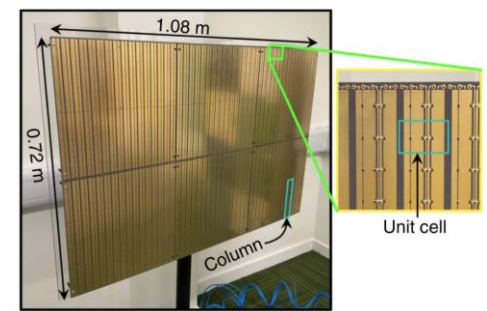
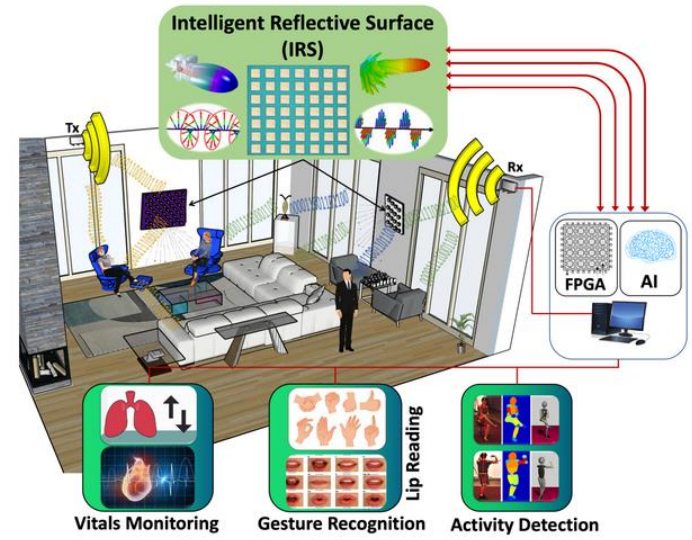
Ultrasound and nanomaterial: an efficient pair to fight cancer

[Edouard Alphandéry](#)



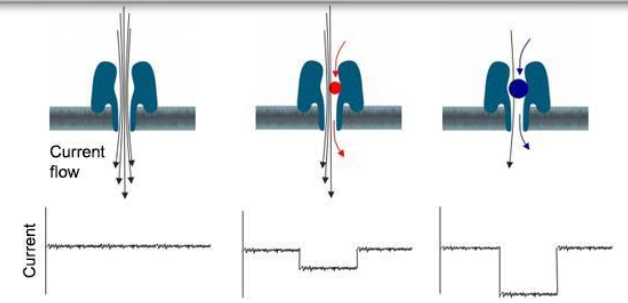
Intelligent wireless walls for contactless in-home monitoring

[Muhammad Usman](#), [James Rains](#), [Tie Jun Cui](#), [Muhammad Zakir Khan](#), [Jalil ur Rehman Kazim](#), [Muhammad Ali Imran](#) & [Qammer H. Abbasi](#)

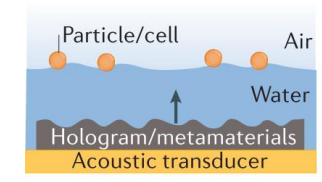


Acoustofluidics for biomedical applications

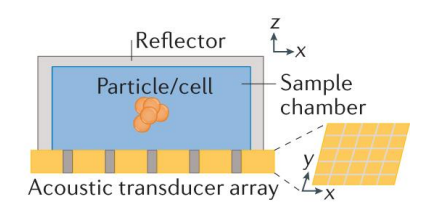
[Joseph Rufo](#), [Feiyan Cai](#), [James Friend](#), [Martin Wiklund](#) & [Tony Jun Huang](#)



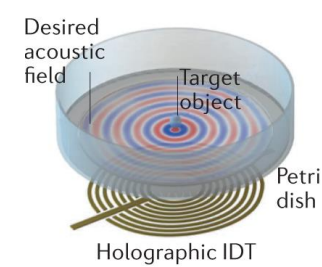
c Hologram BAW transducer



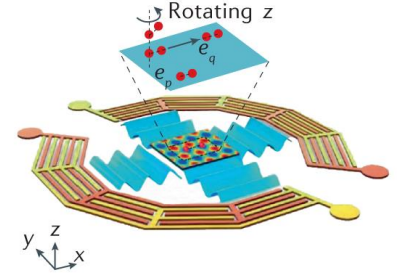
d BAW transducer array



e Hologram SAW transducer



f SAW transducer array

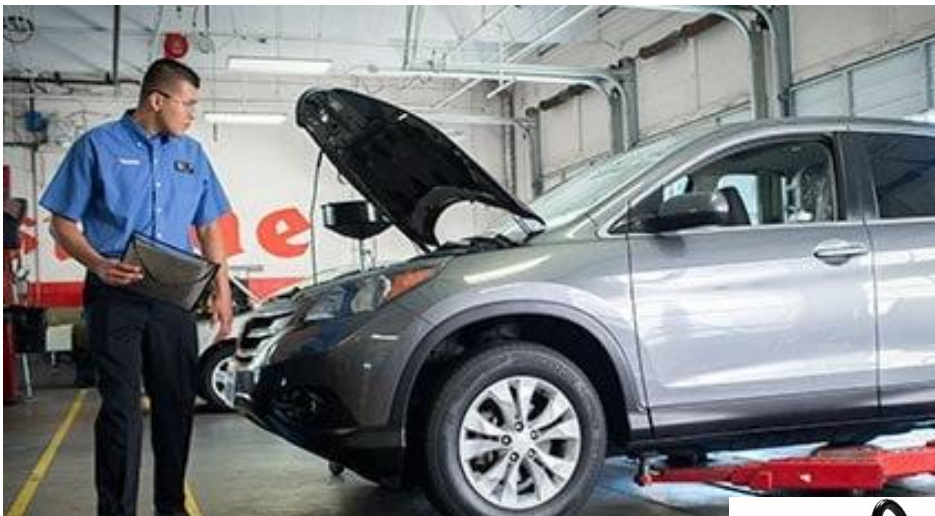


Key takeaways

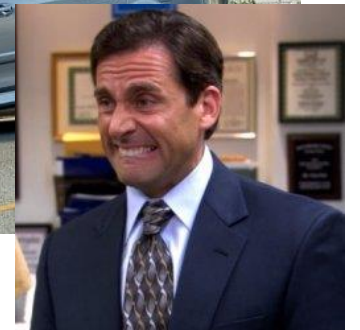
- + Monitoring
- + Diagnostic accuracy
- + Prevention
- + Personalised
- + Minimally invasive
- + Cost effective



An analogy: a preventative model more sustainable



???



Metamaterials for Health



HEALTHY LIVING



HEALTHCARE



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DIAGNOSIS

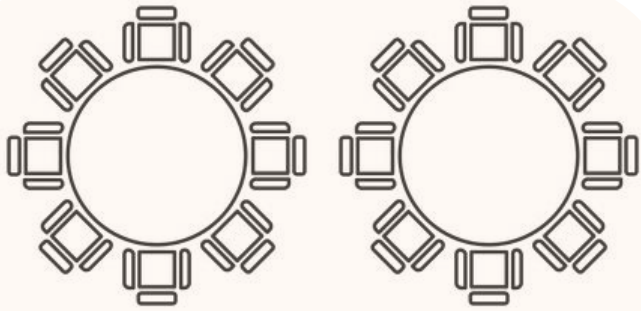


THERAPEUTICS

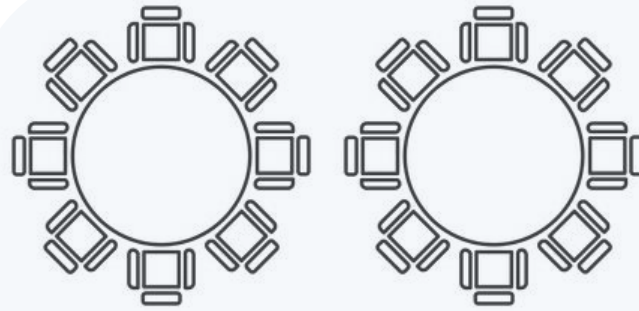
Roundtable Discussions

Opportunities for metamaterials in healthcare: questions, ideas, projects

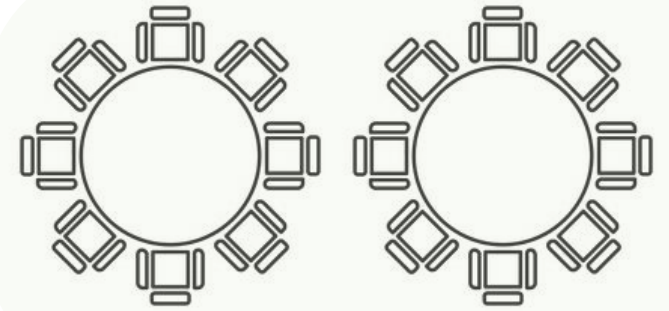
Ageing



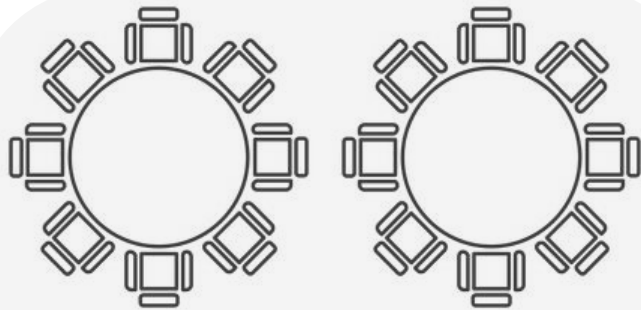
Monitoring & Diagnosis



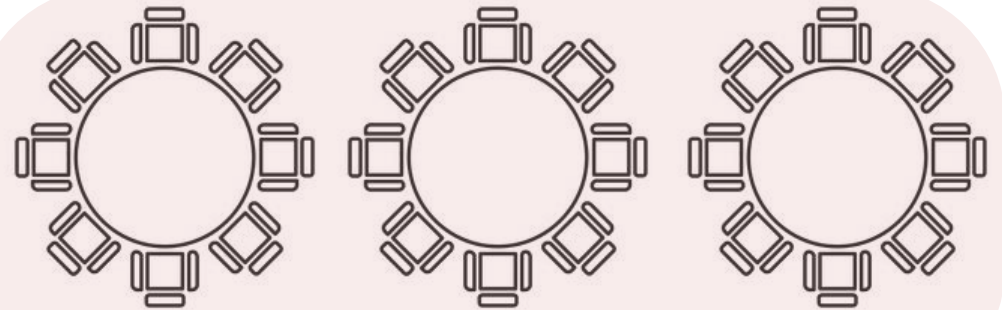
Therapeutics



Keynote: Healthcare



Wildcard



Round table discussions: *Suggested* Layout

Opportunities for metamaterials in healthcare: questions, ideas, projects



TOPIC

Big research
questions

Challenges

How could
metamaterials
help?

Proof of concept
/ demonstrators

Longer research
projects